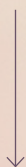


THE SPA

WHERE
TRANQUILITY
INSPIRES
TRANSFORMATION



FOUR SEASONS

RESORT

ORLANDO AT WALT DISNEY WORLD® RESORT

THE SPA

TREATMENTS

CONTACT US

WELCOME

STEP INTO OUR LUXURIOUS OASIS OF
RELAXATION AND REJUVENATION:
THE SPA AT FOUR SEASONS RESORT ORLANDO.
CREATE YOUR OWN PERSONAL JOURNEY
FROM OUR COLLECTION OF HIGHLY EFFECTIVE
TREATMENTS, PERFORMED BY A TALENTED
TEAM OF SPA PROFESSIONALS. EXTEND YOUR
SERENITY IN OUR SOOTHING RELAXATION
AREAS, BOTH INDOORS AND OUTDOORS.

CLICK TO BOOK

MEET OUR SPA TEAM

CONTINUE

THE SPA

TREATMENTS

CONTACT US

THE SPA

*Custom-design your visit, making
the most of our leading-edge facilities
and restorative experiences.*

IMMERSIVE AMENITIES

TREATMENTS FOR TWO

MAGICAL MOMENTS FOR KIDS

SPA BOUTIQUE

SPA GUIDELINES

THE SPA

TREATMENTS

CONTACT US

IMMERSIVE AMENITIES

ARRIVE EARLY TO ENJOY ALL OF OUR SPA'S AMENITIES, INCLUDING THE AROMATHERAPEUTIC STEAM ROOMS AND OUTDOOR WHIRLPOOL TUBS. BE SURE TO TRY OUR EXPERIENCE SHOWERS, EQUIPPED WITH A RAINFALL SHOWER HEAD, NINE SURROUNDING WATER JETS, AND A DAZZLING DISPLAY OF LIGHT AND SOUND.

AFTER YOUR SESSION, DEEPEN YOUR SENSE OF BLISS WITH TIME IN THE SOLARIUM LOUNGE, COMPLETE WITH ZERO-GRAVITY WAVE LOUNGERS, OR LINGER ON THE SHADED OUTDOOR TERRACE.

CONTINUE

THE SPA

TREATMENTS

CONTACT US

TREATMENTS FOR TWO

PLAN AN ESCAPE WITH
SOMEONE SPECIAL, CREATING YOUR
OWN LUXURIOUS RETREAT. SPACIOUS
AND SUN-FILLED, OUR COUPLE'S SUITES
FEATURE FLOOR-TO-CEILING LAKESIDE
VIEWS. BOOK SIDE-BY-SIDE FACIALS
OR MESSAGES AND SHARE QUALITY
TIME TOGETHER.

CONTACT US TO BOOK

CONTINUE

THE SPA

TREATMENTS

CONTACT US

MAGICAL MOMENTS FOR KIDS

TREAT YOUR LITTLE ONES TO A MAGICAL
MAKEOVER, BECOMING A SHINING
KNIGHT OR THE BELLE OF THE BALL.
WATCH THEIR FACES FILL WITH JOY AS
THEY SEE THEMSELVES TRANSFORM
INTO A FANTASY STRAIGHT FROM A FAIRY
TALE. PERFECT FOR AGES 3-10.

CONTACT US TO BOOK

CONTINUE

THE SPA

TREATMENTS

CONTACT US

SPA *BOUTIQUE*

BRING HOME YOUR FOUR SEASONS SPA
EXPERIENCE OR SHOP FOR BEAUTIFUL
GIFTS, EXPLORING OUR COLLECTION
OF CURATED SKINCARE, HAIRCARE AND
MAKEUP, AS WELL AS HOME DÉCOR,
LIFESTYLE AND ATHLEISURE FASHIONS.

CONTINUE



THE SPA

TREATMENTS

CONTACT US

SPA *GUIDELINES*

FEEL FREE TO ARRIVE AT THE SPA AT LEAST
15 MINUTES BEFORE YOUR APPOINTMENT,
GIVING YOU PLENTY OF TIME TO CHANGE AND
ENJOY ALL OF OUR RELAXING AMENITIES.

SPA ROBES, SLIPPERS AND
A LOCKER WILL BE PROVIDED.

KINDLY INFORM US OF ANY ISSUES
OR MEDICAL CONDITIONS THAT REQUIRE
ADDITIONAL ATTENTION. IF YOU ARE PREGNANT
OR HAVE SPECIFIC CONDITIONS, SOME
TREATMENTS ARE NOT RECOMMENDED.

CONTINUE

THE SPA

TREATMENTS

CONTACT US

TREATMENTS

Explore our advanced skincare, body therapies and salon services – helping you look and feel your best.

FACIALS

MASSAGE

BODY TREATMENTS

VITALITY THERAPIES

CRYOTHERAPY

WAXING SERVICES

SALON

THE SPA

TREATMENTS

CONTACT US

FACIALS

TURN YOUR FOUR SEASONS SPA VISIT
INTO A PERSONAL TRANSFORMATION.
OUR AGE-DEFYING FACIAL TREATMENTS
ARE DESIGNED TO HYDRATE,
REGENERATE, LIFT AND REMODEL.

[CLICK TO BOOK](#)

CONTINUE

THE SPA

TREATMENTS

CONTACT US

MASSAGE

MELT AWAY TENSION WITH OUR WIDE VARIETY OF CLASSIC AND CUTTING-EDGE MASSAGE TECHNIQUES, INCLUDING CUPPING DETOXIFICATION AND OUR SIGNATURE NIRVANA MASSAGE.

[CLICK TO BOOK](#)

CONTINUE

A close-up photograph of a person's back being treated with cupping therapy. Two hands are visible, holding wooden cups that are being pressed against the skin. The person is lying face down on a massage table. The background is a soft, out-of-focus light color.

THE SPA

TREATMENTS

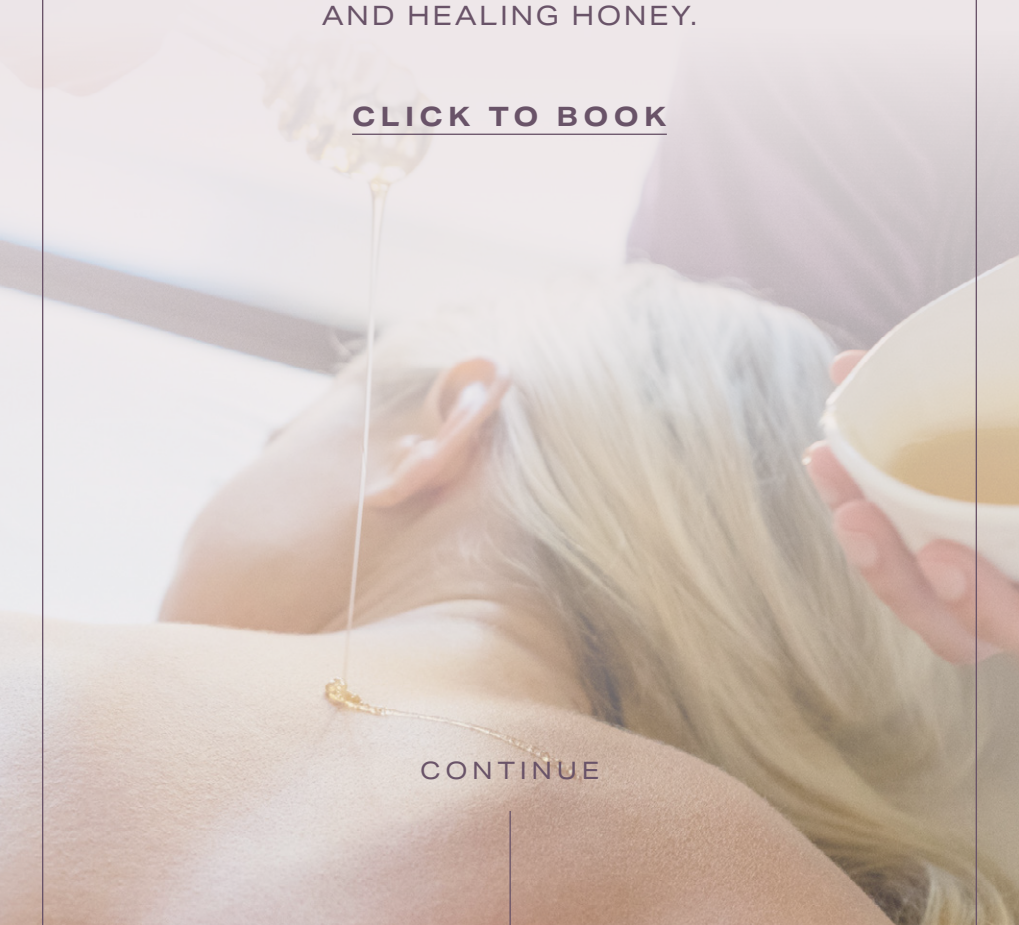
CONTACT US

BODY *TREATMENTS*

OUR SELECTION OF FULL-BODY RITUALS WILL LEAVE YOUR SKIN SILKY SMOOTH AND GLOWING. DISCOVER SCRUBS AND WRAPS, AS WELL AS TONING, LIFTING, DETOXIFYING AND SLIMMING TREATMENTS. LOCALLY INSPIRED SIGNATURE TREATMENTS INCLUDE THE LA FLORIDIAN AND HEALING HONEY.

[CLICK TO BOOK](#)

CONTINUE



THE SPA

TREATMENTS

CONTACT US

VITALITY THERAPIES

DISCOVER THE REMARKABLE BENEFITS OF INTRAVENOUS DRIPS AND INTRAMUSCULAR SHOTS, OPTIMIZING WELL-BEING THROUGH PROPRIETARY BLENDS OF POWERFUL VITAMINS. OPTIONS INCLUDE OUR IMMUNITY DRIP, OVERSERVED DRIP, SKINNY SHOT AND MUSCLE SHOT.

[CLICK TO BOOK](#)

CONTINUE



THE SPA

TREATMENTS

CONTACT US

CRYOTHERAPY

EXTREME TEMPERATURES PROVIDE A TARGETED TECHNIQUE TO HELP SLIM AND TONE THE FACE AND BODY. THE EFFECT TYPICALLY HEIGHTENS BETWEEN FIFTEEN DAYS AND THREE WEEKS AFTER TREATMENTS, PROVIDING RESULTS THAT CAN LAST SEVERAL WEEKS.

CONTACT US TO BOOK

CONTINUE

THE SPA

TREATMENTS

CONTACT US

WAXING SERVICES

LET US TAKE CARE OF ALL YOUR FINISHING TOUCHES FOR FACE AND BODY. WITH RESPECT FOR YOUR PRIVACY, OUR HIGHLY TRAINED THERAPISTS WILL ENSURE A COMFORTABLE EXPERIENCE – FOR BOTH WOMEN AND MEN.

[CLICK TO BOOK](#)

CONTINUE

THE SPA

TREATMENTS

CONTACT US

SALON

SLEEK AND SOPHISTICATED, OUR FULL-SERVICE SALON IS A WELCOMING PLACE FOR WOMEN, MEN AND CHILDREN – OFFERING THE FINEST IN HAIRCARE, NAILCARE AND MAKEUP APPLICATION.

[CLICK TO BOOK](#)

CONTINUE



THE SPA

TREATMENTS

CONTACT US

PLAN YOUR SPA VISIT

BOOK ONLINE

BOOK BY PHONE

+1 (407) 313-6160

BOOK VIA CHAT

DOWNLOAD THE FOUR SEASONS APP
FOR DIRECT TEXTING OR CONTACT US
THROUGH FACEBOOK MESSENGER

OPEN DAILY

9:00 am to 8:00 pm

SPA RESERVATIONS

Please schedule your spa sessions in advance of your visit. All appointments may be guaranteed with a credit card or your room confirmation number.

CANCELLATIONS

Please give us four hours' advance notice if you need to change, reschedule or cancel your appointment. No-shows and cancellations made less than four hours in advance will be billed at the full treatment rate.